



A Great Sport Student Handout

In this project, you will research and make a presentation about a sport of your choice.

In a group, choose a sport which interests you, and which is part of the Olympic Games. Using some of the sources suggested at the end of this handout, fill in this table:

Description of Sport

Number of participants: (Is the sport performed by an individual? a team? How many members are on the team?)

How is the sport played or conducted?

Basic rules or objectives:

Do both men and women participate?

If yes, are they on the same team or on separate teams?

Describe the clothes the athletes wear. Why do they wear these particular clothes?



What equipment do the athletes use? What is its purpose?

What physical qualities do the athletes need?

What mental qualities do the athletes need?

What kind of training do the athletes do? (Include off-season training.)

Is this sport important in Canadian history or culture? How?

List some prominent Canadian athletes in this sport, and what they accomplished.

Why, in your opinion, were the accomplishments of these athletes important to Canada?



Try to also look at the personal side of competition in this sport or event. Use research and brainstorming as well as the images from Library and Archives Canada's *Canadian Olympians* website to answer these questions about the sport you have chosen:

How do the athletes look when they are in competition? (Consider posture, expression, etc.)

How do they look in victory or in defeat?

What are benefits of participation in this sport?

Presentation Tips

If possible, display the equipment used in the sport you have chosen and show how it is used. This may require extra room.

You may want to choose appropriate music to accompany your presentation. You can use slides, an overhead projector, posters, or other media if they are available.

Poster

Your group should now produce a poster that advertises the sport you chose. Your poster should communicate:



- The merits of this sport
- The merits of exercise
- Some Canadian athletes who have excelled in this sport

Possible Sources of Information

Library and Archives Canada's *For Teachers* website

URL: <http://www.collectionscanada.ca/education/008-1000-e.html>

Library and Archives Canada's *For Students* website

URL: <http://www.collectionscanada.ca/education/008-2000-e.html>

Library and Archives Canada's *Celebrating Women's Achievements* website

URL: <http://www.nlc-bnc.ca/women/index-e.html>

Canadian Olympic Committee

URL: <http://www.olympic.ca/EN/index.shtml>

International Olympic Committee

URL: <http://www.olympic.org/>

Olympic Museum

URL: http://www.olympic.org/uk/passion/museum/index_uk.asp

History of the Games

URL: http://www.museum.olympic.org/scripts/the_games/the_games_e.asp

CBC Sports: Olympics

URL: <http://www.cbc.ca/olympics/>

The Canadian Encyclopedia

URL: <http://thecanadianencyclopedia.com/index.cfm?PgNm=HomePage&Params=A1>

Also refer to print encyclopedias.