

Making travelling safer for allergic individuals is necessary and important.

1. EpiPens available onboard on all public modes of transport.
2. Proper training and refresher courses on epiPen injections, as well as protocols for treating and getting allergic individual to closest treatment center.
3. re food allergies, not serve foods snacks that contain the top 8 allergens (definitely no peanuts and nuts)
4. compassion and understanding from staff (flight attendants, etc) to the seriousness of allergies
5. consistent rules on all flights from all carriers.
6. no allergic passenger should be forced to and subjected to sit close to another passenger consuming an allergic product. Accommodations should be made to allow allergic passenger to sit in an allergen free zone.
7. If allergic passengers present, the offending food should not be eaten by another passenger (inconvenience vs life threatening). Allergic person advises flight attendants who make an announcement and ask passengers to refrain from eating, say, peanuts on a flight due to anaphylaxis. (An Air Canada flight to Europe accommodated us this way when we advised our son was allergic to peanuts and it was life threatening- staff was very understanding and acted appropriately. Not repeated on flight back though, same airline, not same protocols - inconsistent handling(see pt 5).
8. Some allergen free foods offered. personally, we always pack meals and snacks for our son to consume on the flight. Dont really trust the food offered.

Life threatening allergies are a growing phenomenon, accomodations need to be made to keep people safe. Better to handle as above, than to need to reroute a flight for an anaphalaxis issue.

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