

Hello, I fly and take the train periodically with my young son who is at risks for anaphylaxis. It never ceases to amaze me that they still serve nuts on trains and planes. How stupid is that? You are in a confined space, out of range of an ER...and you are being exposed to deadly toxins. This is absurd. Travelers won't die if they don't eat almonds for a little while...my child may die if they do.

If transportation companies don't have the sense to regulate themselves, then our government needs to step up and do it for them. No nuts or peanuts period should be served on the plan or be permitted on board. The reactions to these are so much more often serious. There should be an awareness campaign on the risks of anaphylaxis and to inform travelers that they have a right to ask for an allergen free trip. If someone is allergic to eggs, they ought to be seated well away from anyone eating eggs. Cross contamination protocols should be in place for the preparation and serving of meals onboard. Allergen-free options should be available.

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