

Having recently flown with Westjet and having a child with multiple food allergies I have a few thoughts, but I also want to say that our experience beat my expectations!

My child has severe food allergies to nuts and eggs (and recently grew out of a dairy allergy).

My recommendations for all public transport:

1. All seats should be a wipeable material so that parents can clean the area to their desire 2. A pre board announcement should be made to make people aware of the allergy and prevent them from consuming this food once on board 3. Additional announcement should be made once on board and a buffer area should be made in the area which the person is located 4. Before customers board, Attendants should have a sweep of the area to be sure no left over allergens are remaining on the floor from the previous customers 5. One thing I noticed when we flew was that our row of 3 was not full (our family of 4 was divided into 2 rows, it was nice not having that added stranger in the area to be eating food) I get this is only doable when the flight/train... Isn't full!

6. All foods served/purchased on board should not contain nuts Many of my recommendation on food restriction for transportation pertains to nuts and it is the most common food allergy! I know that people can be just as allergic to dairy and its residue but it's also a very hard allergen to control! But wipeable seats, cleaning of food residue in-between would be helpful!

Thanks!

Nicole