

My 15 year old daughter is allergic to peanuts, sesame, kiwi, soy and legumes.

All food sold or provided on airlines and trains should be labelled with ingredients including common allergens.

People with severe allergies should be able to request a buffer zone on planes, trains and buses.

All staff should be trained in first aid including recognizing anaphylaxis and administering an epipen.

All transport should have at least 1 epipen on board.

Scott McKenzie