Hello,

I received this email address through Food Allergies Canada. I would like to offer comments on travel for those of us with life-threatening allergies. I travel regularly by plane and find it a challenge at times to ensure my own safety. Some airlines have a policy of being able to provide a buffer zone of 3 rows that would be allergen free. This would be a huge help for me. I have an nut and peanut allergy and the smell of peanuts is enough to trigger a reaction for me. In the least I get back headaches and feel quite sick with the odour of peanuts. If airline attendants would be able to request that passengers in the buffer zone refrain from eating or opening peanut and nut products during the flight, it would be most helpful and create a safer environment. I think that since more people are also allergic to or sensitive to scents, that it would be beneficial to do the same with scents or to have a request of all passengers at the time of booking flights to refrain from wearing scents on an airplane.

I hope my comments are helpful. Thank you.

Blessings, Shannon Bell