



ADVANCED COACHING DIPLOMA

The Pinnacle of NCCP Coach Training

Coaching Association of Canada

141 Laurier Avenue West, Suite 300 | Ottawa, Ontario K1P 5J3
Phone: 613.235.5000 | Fax: 613.235.9500 | coach@coach.ca



Advanced Coaching Diploma

The Advanced Coaching Diploma is the pinnacle of a coaches' education in the National Coaching Certification Program. AC Diploma coaches are recognized as being among the most qualified coaches and leaders of athletes and sport programs provincially, nationally and internationally.

The Diploma consists of four core themes; Coaching Leadership, Coaching Effectiveness, Performance Planning, and Training and Competition Readiness. Each theme requires coaches to complete a series of modules comprised of several 3 hour units of in-classroom sessions, seminars, workshops or labs. Coaches will be evaluated in each **module based on their ability to demonstrate competency coaching developing athletes**. Coaches enrolled in the diploma program will work with a designated master and/or mentor coach who will support them in their completion of program requirements. The diploma program requires a mid-point and final assessment by a panel of content specialists. The Diploma is one step towards certification in the Competition – Development Advanced Gradation context. To complete his/her certification, the coach must contact his/her NSO to apply for the sport-specific evaluation.

AC Diploma coaches are recognized as being among the most qualified coaches and leaders...

Please contact the AC Diploma Director in your province or region for more information. See back.



Target Coaches

The Advanced Coaching Diploma Program offered by the Canadian Sport Institute/Centre network predominately targets coaches working with Train to Train and Train to Compete athletes, which may include:

- **Canada Games and provincial team head coaches;**
- **Personal coaches of pre-carded, provincially carded, and developmental carded athletes;**
- **Club coaches of highly ranked clubs and self-made/entrepreneurial coaches;**
- **Post-secondary coaches (CIS, NCAA, CCAA);**
- **NSO-identified coaches with potential to develop into coaches of high performance athletes;**
- **National Training Centre coaches and assistant coaches.**

The Diploma Program

The Advanced Coaching Diploma provides flexibility for the active coach with a busy schedule. The diploma is available in a two year, part-time program, but may be obtained in more or less time depending on the Sport Institute/Centre; various delivery schedules are available. The diagram below outlines the usual structure of the diploma. For more information please go to coach.ca for more details or contact your local Sport Institute/Centre.

Program Structure	Part A (Year 1)		Mid-Point Assessment Presentation	Part B (Year 2)		Final Presentation
	Semester 1	Semester 2		Semester 1	Semester 2	
Coaching Leadership 24 Units	Effective Leadership Behaviour (4 Units) Creating Your Coaching Philosophy (3 Units)	Leading Change (3 Units) Living Your Coaching Philosophy (3 Units)		Building Effective Teams (5 Units)	Leading a Program (6 Units)	
Coaching Effectiveness 20 Units	Analyzing Coaching and Athlete Performance (4 Units)	Skill Development and Biomechanics (5 Units)		Innovating Practices and Coaching Interventions (6 Units)	Monitoring Athletes in Training and Competition (5 Units)	
Performance Planning 21 Units	Auditing Sport Performance (9 Units)	Developing Integrated Training Plans (7 Units)		Living the Training Plan (5 Units)	Managing the Training Plan (with Mentor)	
Training & Comp. Readiness 19 Units	Health and Safety (4 Units)	Talent Identification and Selection (3 Units)		Preparing for Competition (7 Units)	Strategic Planning for Training and Competition (5 Units)	
TOTAL UNITS	45 UNITS			39 UNITS		

Each unit is 3 hours in duration of formalized contact time and does not include coach mentoring or active coaching.

Entry Requirements

The diagram below outlines the possible entry requisites for coaches wishing to achieve an Advanced Coaching Diploma. Please contact your local sport institute/centre for more information on enrolling.

Enrollment Requirements	
<p>1. NCCP Qualifications</p> <ul style="list-style-type: none"> Fully Trained Competition – Development coach <p>OR</p> <ul style="list-style-type: none"> Level 3 Certified coach AND Pass Make Ethical Decision Online evaluation <p>In cases where NCCP qualifications are incomplete, coaches must demonstrate NCCP Multi-sport Module training that includes:</p> <p>Design a Basic Sport Program and Make Ethical Decisions</p> <p>AND any four of the six Competition – Development Modules: <i>Developing Athletic Abilities, Prevention and Recovery, Coaching and Leading Effectively, Psychology of Performance, Managing Conflict, Leading Drug-free sport</i></p>	<p>2. Recognized Prior Learning</p> <p>Satisfy the AC Diploma Director that, based on the student's post-secondary study and sport experience, the student is suitably qualified. Prior learning may include:</p> <ul style="list-style-type: none"> Formal related education (degree or diploma) in physical education or kinesiology; Other coaching accreditation; Other related accreditation; Suitable coaching experience in competitive sport context.
<p>OR</p>	
<p>AND</p>	
<p>3. Complete Supporting Documentation that includes:</p> <ol style="list-style-type: none"> A completed online application form. A personal resume demonstrating a minimum of 3 years, full-time, relevant coaching experience. A letter of intent from the candidate indicating their reasons for completing the Advanced Coaching Diploma. A memorandum of understanding signed by the candidate, the Canadian Sport Institute, and the National Sport Organization. Payment of the application fee of \$75.00 (non-refundable and deducted from tuition upon acceptance). 	

Cost

The full cost of the diploma is \$3000 and \$13000 for international students. Tuition is paid in two installments but may vary by regional Sport Institute/Centre. A number of regional grants and bursaries may be available to qualifying coaches. Contact the Director in your region (see addresses below) to find out if you could qualify for one of the grants or bursaries.

Locations and Contact Information



1 Canadian Sport Institute Pacific
www.csipacific.ca/content/Coaches/AdvancedCoachingDiploma/Overview.asp
Director: David Hill | dhill@csipacific.ca

2 Canadian Sport Institute Calgary
www.csicalgary.ca/coaching
Director: Jason Sjostrom | jsjostrom@csicalgary.ca

3 Canadian Sport Centre Saskatchewan
www.csc-sask.ca/NCI.php
Director: Don Clark | don.clark@uregina.ca

4 Canadian Sport Centre Manitoba
www.cscm.ca/en/nci/
Director: David Telles-Langdon | d.telles-langdon@uwinnipeg.ca

5 Canadian Sport Institute Ontario
csiontario.ca/home/acd-program/
Director: Wendy Dobbin | wdobbin@csiontario.ca

6 Institut national du sport du Québec
<http://www.insquebec.org/en/Professional-Development>
Director: André Fournier | afournier@insquebec.org

7 Canadian Sport Centre Atlantic
cscatlantic.ca/advanced-coaching-diploma/
Director: Mark Smith | msmith@sportnovascotia.ca

