

INSTRUCTION



BASEBALL

BASERUNNING





BASERUNNING

In order to coach base runners effectively, a coach needs to understand what physical and mental strengths the runner must possess in order to be successful. This clinic will assist the coach in developing these aspects of the game for their players. The clinic will help you make interventions during practices and games so your team becomes better on the base paths.

LEARNING OUTCOMES

Upon completing this clinic you will get credit for being able to:

- Detect and correct fundamental running performance.

CLINIC STRUCTURE

The Baserunning clinic is a four-hour, in-class or gym/field course offered at various locations across Canada.

PREREQUISITES

Before attending the Baserunning clinic, coaches must first successfully complete Baseball Canada's Online Initiation module.

EVALUATION AND CERTIFICATION

As it is part of the Baseball Canada Instructor - Beginner Program, completing the Baserunning clinic will give you *In Training status*. In order to receive *Trained status*, you must complete the **Skills Analysis** clinic and the **Teaching & Learning** clinic. Evaluation is available for coaches interested in becoming a certified Baserunning coach.

FEES AS LOW AS \$30*

nccp.baseball.ca

Click "Course Listing" to find a location in your province.

SIGN UP TODAY!

*Fees are in accordance with provincial baseball association policies and range from \$30 to \$50 depending upon location.



Why NCCP?

IT BEGINS HERE.

Coaches are mentors, motivators and leaders. Along with parents and teachers, coaches have a profound impact on the future of our children. It's a great responsibility, and Canada's two million coaches embrace it with passion and dedication.

The National Coaching Certification Program (NCCP) gives coaches the confidence to succeed. When you take an NCCP workshop, you'll not only gain sport-specific technical abilities, but also leadership and decision-making skills.

NCCP training will open doors to new opportunities in coaching and in life.

Contact us today!

To start on your pathway to certification visit us online at baseball.ca

Additional workshop information as well as sport nutrition tips, coaching resources and more are available on COACH.ca



NOTE: All information contained within this PDF is current as of SEPTEMBER 2014.